

# Cleaning Checklist

## Daily:

---

- Make beds
- Wash dishes
- Tidy up
- Laundry
- Sweep/Vacuum
- Sort mail
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Weekly:

---

- Bathrooms
- Wash floors
- Clean windows/mirrors
- Dust
- Wash bed sheets
- Wash towels
- Wipe Microwave
- Wipe inside fridge
- \_\_\_\_\_
- \_\_\_\_\_

## Monthly:

---

- Disinfect garbage cans
- Dust lights
- Vacuum couches
- Scrub bathroom grout
- Wipe light switches
- Wipe telephones
- Dust baseboards
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Quarterly:

---

- Flip mattresses
- Wash duvet/pillows
- Vacuum mattresses
- Clean oven
- Clean out fridge/freezer
- Clean blinds/curtains
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_